



GNOSO Diamond-Level Sponsor

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# 2010 GREATER NEW ORLEANS DISTRICT SENIOR OLYMPIC GAMES Individual Entry Form

February 26 – April 12, 2010

Entry Deadline February 19

*Mission:*

*Our Mission is to provide seniors over the age of 50, quality venues to participate in a variety of athletic, recreational and social activities, all of which promote wellness and an active lifestyle. Life Begins at 50!*



## EVENT ADDRESS AND PHONE NUMBER INFORMATION

**Audubon Park Tennis Courts**  
6320 Tchoupitoulas St  
New Orleans, LA 70118-5753  
(504) 895-1042

**Belle Terre Playground**  
5600 Belle Terre Rd.  
Marrero, LA 70072-3539  
(504) 349-5044

**Bridge City Playground**  
400 11th Street  
Bridge City, LA 70094-3156  
(504) 736-8466

**Clearview Mall**  
4436 Veterans Memorial Blvd.  
Metairie, LA 70006-5334  
(504) 455-7763

**Colonial Lanes**  
6601 Jefferson Highway  
Harahan, LA 70123-5097  
(504) 737-2400

**Corner Pocket**  
2424 Williams Blvd  
Kenner, LA 70062-5763  
(504) 469-2003

**Delta Gym**  
8501 West Metairie Rd.  
Metairie, LA 70003-6656  
(504) 736-8463

**East Bank Bridge Park**  
Under Luling Bridge (Mississippi Bridge Run)  
Destrehan, LA  
(Friday Night, April 3 ONLY)

**Elmwood Fitness Center**  
1200 S. Clearview Parkway, Suite 1200  
Harahan, LA 70123-2335  
(504) 733-1600

**Harvey Playground**  
2240 Alamo Avenue  
Harvey, LA 70058-3113  
(504) 364-3681

**Italian American Bocce Club**  
2340 Severn Ave.  
Metairie, LA 70001  
(504) 838-7123

**Jefferson Golden Age Center**  
4401 South Drive  
Jefferson, LA 70121-3419  
(504) 838-1032

**Lakeshore Cycling Course**  
Peoples Program  
2240 Lakeshore Drive  
New Orleans, LA 70122-3502  
(504) 284-7874

**Lakewood Country Club**  
4801 General De Gaulle Dr  
New Orleans, LA 70131-7195  
(504) 393-2128

**Mike Miley Playground**  
6716 W. Metairie Ave  
Metairie, LA 70003-4853  
(504) 736-8461

**Thomas Jefferson Park**  
On the Levee Opposite Park.  
Waggaman, LA

**Tulane Track**  
6823 St Charles Ave  
New Orleans, LA  
(504) 865-5000

**Tulane University – Reily Student Center**  
6823 St. Charles Ave. (on Ben Weiner Drive  
New Orleans, LA and Claiborne Ave -  
(504) 865-5431 access via Willow St.)

**University of New Orleans**  
2000 Lakeshore Drive  
New Orleans, LA 70148  
(504) 280-6357

**Waggaman Horseshoe Pits**  
516 Dandelion Dr.  
Waggaman, LA 70094  
(504) 736-8468

**Wally Pontiff Jr. Golden Age Center**  
1521 Palm St.  
Metairie, LA 70001  
(504) 838-1035



## GREATER NEW ORLEANS DISTRICT

### SENIOR OLYMPIC GAMES

Program Director: Dawn Caple (504) 559-9060, [dcaple.gnoso@cox.net](mailto:dcaple.gnoso@cox.net)  
Assistants: Bernice Bordelon (504) 834-5279 Fax (504) 834-5279

GNO Senior Olympics  
P.O. Box 6255  
Metairie, LA 70009-6255  
GNOSO Website: <http://www.gnoso.net/>

### GENERAL ENTRY INFORMATION

**DATES:** Friday, February 26 - Monday April 12, 2010

**REGISTRATION:** Return the attached entry form, fee payment, and signed liability waiver by entry deadline, **February 19, 2010.**

**FEES:**

**Entry Fee (for three (3) sports)\* \$ 15.00**  
**Each additional sport \$ 3.00**

**\*Official t-shirt and banquet ticket are included.**

**ADDITIONAL fees are REQUIRED if you sign up for the following sports:**

**Golf \$ 30.00**  
**Bowling \$ 6.00**  
**Tennis \$ 5.00**  
**Additional banquet guests: Each \$ 3.00**  
**5-K Run & Race Walk \$ 15.00**

**(United Way Mississippi Bridge Run)**

**ELIGIBILITY:** Any person 50 years or older as of December 31, 2010 is eligible to participate. Athletes 40 and over may sign up for Track & Field events.

**AGE GROUPS:** 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90+. Age groups are determined by age as of December 31, 2010. Age divisions for doubles/teams determined by youngest partner/member.

**EVENT SELECTION:** It is the responsibility of the participants to carefully select their events, considering possible overlap. Event start times will be strictly enforced. Absentees will be scratched.

**GUESTS:** Family and friends are welcome and encouraged to attend all events free of charge.

**CANCELLATIONS/POSTPONEMENTS:** Game officials reserve the right to cancel or postpone events due to inclement weather, unusual circumstances or insufficient entries. All changes in the scheduled events will be posted to <http://www.gnoso.net>

**ENTRY DEADLINE:** February 19, 2010 (unless indicated in special instructions section of event schedule). No refunds given after February 10, 2010.

**AWARDS:** Medals will be presented to first through third place individual winners in-district and actual order for out-of-district participants.

**TEAMS AND DOUBLES:** Each member must submit an individual signed application, release, and entry fee. **Team captains** must submit a team roster for the team to be eligible for team competition.

**DISTRICT GAMES:** Athletes must compete in one of the 2010 District Games to compete in the 2010 State Games in the following events: Bowling Singles (top 3 scratch score places), Golf, Shuffleboard, Table Tennis Singles, Horseshoes, Discus, Javelin, Shot Put, and Team Dancing. Athletes may also qualify by meeting minimum qualifying standards for scored sports. See sports coordinators for qualifying requirements or LSOG website.

**LSOG INFO:** (225) 925-1748 or 1-800-799-8309  
Louisiana Senior Olympic Games  
P.O. Box 14748  
Baton Rouge, LA 70898-4748  
Or on the Web at: <http://www.lsoq.net>

**OFFICIAL 2010 GNO SENIOR OLYMPICS  
INDIVIDUAL ENTRY/ PARTICIPANT WAIVER FORM  
RETURN THIS FORM, AFTER COMPLETING TO INCLUDE ALL FEES**

**Mail TO: Greater New Orleans Senior Olympics, P.O. Box 6255 Metairie, LA 70009-6255**

**Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_ **MI** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_

**Zip:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Parish:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Male**    **Female**   **Age as of 12/31/10** \_\_\_\_\_ **Date of Birth**   /   /

**PARTICIPANT WAIVER                      SIGN BELOW**

In consideration of being allowed to participate in any way in the Greater New Orleans District Senior Olympic Games program, related events and activities, the undersigned acknowledges, appreciates and agrees that:

1. The risk of injury from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury to me does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant concern in my readiness for participation and/or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my/or heirs, assigns, personal representatives and next of kin, HEREBY RELEASE the Greater New Orleans Senior Olympics, its officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of the premises used to conduct the event ("Releasees"), with RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
5. I, for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all of the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

I, the undersigned participant, grant to the Greater New Orleans Senior Olympics the right to use any pictures taken of me during the Greater New Orleans Senior Olympics without my remuneration and in any medium the photographer/staff sees fit for art, advertisement, exhibition, editorial, or any purpose whatsoever.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

**SIGNATURE** \_\_\_\_\_ **PRINT NAME** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**EMERGENCY CONTACT** \_\_\_\_\_ **PHONE NO.** \_\_\_\_\_

**OFFICIAL 2010 GNO SENIOR OLYMPICS**

**2010 ENTRY FEE SCHEDULE**

**RETURN THIS PAGE with CHECK or MONEY ORDER with fees to:**

Greater New Orleans Senior Olympics, P.O. Box 6255 Metairie, LA 70009-6255

Entry fees must be sent with this form to be eligible.

Entry Fee (allows participation in up to 3 Sports):	\$15.00	<b>\$ 15.00</b>
\$3 for each additional sport: _____ x \$3.00		\$ _____
<u>Sports Requiring an Additional Fee over the Entry Fee:</u>		
Golf Fee: _____	\$30.00	\$ _____
Bowling Fee: (Singles, Doubles or Mixed Doubles) _____ each	\$ 6.00	\$ _____
Tennis Fee: (Balls Provided) _____	\$ 5.00	\$ _____
*5-K Run & Race Walk (NOTC Event, SEE *Note below)	\$ 15.00	\$ _____
<b><u>I WILL ATTEND THE BANQUET:</u></b> [ ] YES [ ] NO		N/C
Bring a Guest to the banquet for only \$3.00		
Extra Banquet Seats _____ x \$3.00		\$ _____
To Help Support the GNOSO I have enclosed a donation of		\$ _____
(All donations are tax deductible)		
TOTAL AMOUNT ENCLOSED		\$ _____
Make Checks Payable to: GNOSO		
Check shirt size preference [ ] M [ ] L [ ] XL [ ] 2XL [ ] 3XL (Size not guaranteed)		

**\*United Way Mississippi River Bridge 5K Run/Walk:**

GNOSO will enter you in the NOTC Event. Get both shirts on the day of the race.

NOTE: This is the largest run/walk among the numerous races held on bridges across the Mississippi River in the nation

**Mail Entry Form and Fees to:**

GNO Senior Olympics

P.O. Box 6255

Metairie, LA 70009-6255

**(Include pages 4, 5, and 6. Only Team Captain turns in page 7)**

# 2010 Individual Event Form (Return this page with your Entry)

Check the events you are participating & list partner if it applies.

\* Qualifying Events for the 2010 State Games

**5 K Run**  **5K Race Walk** United Way Mississippi Bridge Run by NOTC–Destrehan, LA  
**NOTE:** If you Register for this event through GNOSO you will save \$5.00 on the entry fee and get both the NOTC race T- Shirt and the GNOSO T- Shirt with entrance to GNOSO Banquet that includes food and entertainment. For more information on the race visit the NOTC web site at: [www.runNOTC.org](http://www.runNOTC.org)

**5 K Walk**  **1 Mile Recreational Walk**

**ARTS & CRAFTS**

**BASKETBALL 3 ON 3**  
 Hot Shot  Basketball Free Throw

**BILLIARDS**

**BOWLING \* Singles**  
 Mixed Doubles (Partner \_\_\_\_\_)  
 Doubles (Partner \_\_\_\_\_)

**BRIDGE** (card game)

**CYCLING**  5k  10k

**DARTS**

**\*GOLF** Stroke Play

**\*HORSESHOES**

**PICKLE BALL**  
 Doubles (Partner \_\_\_\_\_)  
 Mixed (Partner \_\_\_\_\_)

**RACQUETBALL Singles**  
 Doubles (Partner \_\_\_\_\_)  
 Mixed Doubles (Partner \_\_\_\_\_)

**SHUFFLEBOARD \* Singles**  
 Doubles (Partner \_\_\_\_\_)

**SWIMMING**  **Women**  **Men**  
 (Events listed in order as they will occur on day of Event. Women precede men.) Check up to 6 events.

Event	Seed Time
<input type="checkbox"/> 50y Freestyle	_____
<input type="checkbox"/> 100y Breaststroke	_____
<input type="checkbox"/> 200Y Backstroke	_____
<input type="checkbox"/> 50y Butterfly	_____
<input type="checkbox"/> 200y Freestyle	_____
<input type="checkbox"/> 50y Breaststroke	_____
<input type="checkbox"/> 100y Backstroke	_____
<input type="checkbox"/> 100y Freestyle	_____
<input type="checkbox"/> 100y Individual Medley	_____
<input type="checkbox"/> 50y Backstroke	_____
<input type="checkbox"/> 500y Freestyle	_____

**TRACK & FIELD EVENTS**

**Track Events**

<input type="checkbox"/> 50m Dash	<input type="checkbox"/> 200m Run
<input type="checkbox"/> 100m Sprint	<input type="checkbox"/> 1500m Race Walk
<input type="checkbox"/> 800m Race Walk	<input type="checkbox"/> 400m Run
<input type="checkbox"/> 800m Run	<input type="checkbox"/> 1500m Run

**Field Events**

<input type="checkbox"/> Long Jump
<input type="checkbox"/> High Jump
<input type="checkbox"/> *Discus
<input type="checkbox"/> *Javelin
<input type="checkbox"/> *Shot Put (add polevolt)

**TABLE TENNIS \* Singles**  
 Doubles (Partner \_\_\_\_\_)  
 Mixed (Partner \_\_\_\_\_)

**TENNIS Singles**  
 Doubles (Partner \_\_\_\_\_)  
 Mixed (Partner \_\_\_\_\_)

**TEXAS HOLD'EM**

**THE THROWS**

<input type="checkbox"/> Football Accuracy	<input type="checkbox"/> Softball Accuracy
<input type="checkbox"/> Frisbee Accuracy	<input type="checkbox"/> Softball Distance

**WASHER PITCH**

**WEIGHTLIFTING**

<input type="checkbox"/> Bench Press	<input type="checkbox"/> Arm Curl w/Free Weights
<input type="checkbox"/> Clean and Jerk	<input type="checkbox"/> Dead lift

\* Qualifying Events for the 2010 State Games

## 2010 TEAM ENTRY FORM (Team Coach/Captain return this page)

**COACH/CAPTAIN MUST SUBMIT THE TEAM ENTRY. EACH TEAM MEMBER MUST SUBMIT HIS/HER INDIVIDUAL ENTRY FORM WITH FEES IN ORDER TO PARTICIPATE ON THE TEAM.**

Team Name: \_\_\_\_\_ Age Group: \_\_\_\_\_

Note: The age is determined by the youngest team member, see age group on page 3.

Captain Name: \_\_\_\_\_ Home No. \_\_\_\_\_ Cell No. \_\_\_\_\_

<input type="checkbox"/> Basketball	3 on 3	<input type="checkbox"/> Male	<input type="checkbox"/> Female
<input type="checkbox"/> Bean Bag Baseball	5-12 Player Team		
<input type="checkbox"/> Bocce Ball	4 Player Team		
<input type="checkbox"/> Softball (Men's)	9 Player Team		
<input type="checkbox"/> Volleyball	6 Player Team	<input type="checkbox"/> Male	<input type="checkbox"/> Female <input type="checkbox"/> Mixed
<input type="checkbox"/> Team Dance	8-12 Per Team	<input type="checkbox"/> Recreational	<input type="checkbox"/> Advanced Level

### Team Roster

1	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip: State:
2	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip: State:
3	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip: State:
4	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip: State:
5	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip: State:
6	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip: State:
7	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip: State:
8	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip: State:
9	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip: State:
10	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip: State:
11	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip: State:
12	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip: State:

## 2010 GREATER NEW ORLEANS SENIOR OLYMPIC GAMES SCHEDULE

### • QUALIFYING EVENTS FOR THE 2010 STATE GAMES

(Keep this page for Reference)

Event	Check-in	Start	Site	Special Instructions
<b>FRIDAY, February 26</b>				
Darts – Men	8:30 AM	9:00 AM	Harvey Playground	
Women	10:00 AM	10:30 AM	Jane Marchese	(504) 362-4341
<b>SATURDAY, February 27</b>				
Volleyball			Mike Miley Gym	
Women	9:00 AM	9:30 AM	Janey Witt-Perez	(504) 296-8200
			Pat Dover	(504) 895-8888
<b>SATURDAY, February 27</b>				
Cycling	7:30 AM	8:00 AM	Lakeshore Cycle Course	
			Robin Robert	(504) 908-8771
<b>SUNDAY, February 28</b>				
*Team Dance			Clearview Mall (Center)	
	2:00 PM	2:30 PM	Starrlynn Morgan	(504) 494-5470
<b>TUESDAY, March 2</b>				
Pickle Ball			Mike Miley and Delta Gyms	
	7:30 AM	8:00 AM	Mary Anne Poche	(504) 239-9406
			Carol Bradford	(504) 488-9564
<b>THURSDAY, March 4</b>				
Bridge			Pontiff GA Center	
	9:30 AM	10:00 AM	Delores Ford	(504) 443-3610
<b>FRIDAY, March 5</b>				
*Harry Lee Table Tennis				
Women All Ages	8:30 AM	9:00 AM	Bridge City Playground	NO orange shirts,
Men 75 & Over	9:30 AM	10:30 AM	Bernice Bordelon	Please bring own paddle.
Men 50-74	10:30 AM	11:00 AM	(504) 834-5279	Orange 40 mm balls will
All Doubles	1:00 PM	ASAP		be provided.
<b>SATURDAY, March 6</b>				
Basketball (Team)			Tulane Reily Center	<b>No Same Day Registration!</b>
Men 3 on 3	8:30 AM	9:00 AM	Fred Eitman	(504) 888-3672
M/W Hot Shot	11:30 AM	12:00 AM	Ann Hassenboehler	(504) 828-9766
M/W Free Throw	11:30 AM	12:00 AM		
Women 3 on 3	12:30 PM	1:00 PM		
<b>SUNDAY, March 7</b>				
Weightlifting			Elwood Fitness Center	
	12:30 PM	1:00 PM	Sean Sellers	(337) 636-2636 (Cell)
<b>MONDAY, March 8</b>				
*Golf			Lakewood Country Club	
	8:00 AM	9:00 AM	Lynn Wolken	(504) 835-4456
<b>TUESDAY, March 9</b>				
Billiards			Corner Pocket	
	10:30 AM	11:00 AM	Sonya Belgard	(504) 450-4506

## 2010 GREATER NEW ORLEANS SENIOR OLYMPIC GAMES SCHEDULE

### • QUALIFYING EVENTS FOR THE 2010 STATE GAMES

(Keep this page for Reference)

Event	Check-in	Start	Site	Special Instructions
<b>FRIDAY, March 12</b>				
Texas Hold'em	5:30 PM	6:00 PM	Jefferson Golden Age Center Janey Witt-Perez	(504) 296-8200
<b>FRIDAY, March 12</b>				
*Shuffleboard Doubles	8:00 AM	8:30 AM	Harvey Playground Daisey Acosta	(504) 616-1116
<b>Saturday, March 13</b>				
*Shuffleboard Singles	8:00 AM	8:30 AM	Harvey Playground Daisey Acosta	(504) 616-1116
<b>SATURDAY, March 13</b>				
Tennis M/W Singles, then M/W Dbls, then Mxc	7:30 AM	8:00 AM	Audubon Park Tennis Bill Pryor	(504) 737-5613 Tennis Balls will be provided
<b>SUNDAY, March 14</b>				
Bean Bag Baseball	9:00 AM	9:30 AM	St. Bernard Arlene Hughes	Council On Aging, Chalmette (504) 278-7335
<b>FRIDAY, March 19</b>				
The Throws Men Women	8:30 AM 10:30 AM	9:00 AM 11:00 AM	Harvey Playground Thais Lacrouts	(504) 835-1562
<b>FRIDAY, March 19</b>				
Washer Pitch Women Men	8:30 AM 10:30 AM	9:00 AM 11:00 AM	Harvey Playground Jane Marchese Dot Tourelle	(504) 362-4341 (504) 341-0285
<b>SATURDAY, March 20</b>				
5 K Walkathon AND 1 Mile Recreational Walk	8:30 AM	9:00 AM	Thomas Jefferson Park in Waggaman Bill Elrod Jerry Renz	(985) 785-0950 (504) 436-2742
<b>SATURDAY, March 20</b>				
*Horseshoes	10:15 AM	11:00 AM	Waggaman Horseshoe Pit Landry Camardelle Gail Guidry	(504) 431-9092 (504) 431-8136
<b>SATURDAY, March 20</b>				
Volleyball Men & Mixed Mixed Follows Men	8:30 AM	9:00 AM	Mike Miley Gym Janey Witt-Perez Pat Dover	(504) 296-8200 (504) 895-8888
<b>SUNDAY, March 21</b>				
Bill Klock Track & Field Track Events *Field Events	8:00 AM 9:30 AM	9:00 AM 10:15 AM	Tulane Track Field Bernice Bordelon (504) 834-5279	Same day registration 8:00 - 9:00 AM, but no guarantee on t-shirt. Order of events as listed on Entry Form.

## 2010 GREATER NEW ORLEANS SENIOR OLYMPIC GAMES SCHEDULE

### • QUALIFYING EVENTS FOR THE 2010 STATE GAMES

(Keep this page for Reference)

Event	Check-in	Start	Site	Special Instructions
<b>TUESDAY, March 23</b>				
*Bowling Singles	8:30 AM	9:00 AM	Colonial Lanes Nova Dee Carbo	Note \$6.00 per event Extra (504) 341-1876
<b>Friday, March 26</b>				
Bowling Mixed Doubles Doubles	8:30 AM 12:30 PM	9:00 AM 1:00 PM	Colonial Lanes Nova Dee Carbo	(504) 341-1876 Note \$6.00 per event Extra
<b>SATURDAY, March 27</b>				
Softball	8:30 AM	9:00 AM	LaSalle Softball Complex Henry Francalancia Fred Eitman	<b>Captains will be called</b> (504) 737-2697 (504) 888-3672
<b>SATURDAY, March 27</b>				
Racquetball Tournament Singles and Doubles	9:00 AM	9:30 AM	Al Reagle Elmwood Fitness Center On-site Registration Okay	(504) 858-2305 Please bring balls & equip- ment. Free showers & lockers
<b>SUNDAY, March 28</b>				
Elmwood Swimming Event	9:00 AM	10:00 AM	UNO-University of NO Bill Jennings	Events in order listed (504) 887-3530
<b>SUNDAY, March 28</b>				
Arts & Crafts	9:00 AM	9:30 AM	Peoples Program Jerry Talbot	(504) 889-0339
<b>SATURDAY, April 10</b>				
NOTC 5 K Run and Race-walk (Mississippi River Bridge Run – at East Bank Bridge Park) <b>NOTE:</b> This GNOSO event is managed by NOTC. Senior Olympians Register via GNOSO			Destrehan, LA (United Way Mississippi River Bridge Run - an NOTC event) Jerry Renz Bill Elrod GNOSO will Register you: for the NOTC Event	(504) 436-2742 (985) 785-0950 Pick up Race Packet from GNOSO check-in desk on-site on Race Day
<b>SUNDAY, April 11</b>				
Bocce	11:30 AM	12:00 PM	Italian-American Bocce Club John Wolken	(504) 835-4456
<b>MONDAY, April 12</b>				
Banquet	6:00 PM		Mike Miley Gym Pat Dover	(504) 895-8888



Greater New Orleans Senior Olympics  
P.O. Box 6255  
Metairie, LA 70009-6255

Forwarding Services Requested

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2010  
GREATER NEW ORLEANS DISTRICT  
SENIOR OLYMPIC GAMES

New Orleans, LA  
February 26 – April 12

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**PRESS**